The team coordinator or leader must fill out the detailed description, dates, and locations of activities on the Assumption of Risk and Parental Consent forms prior to distributing to team members to complete.

# Example

## **Detailed Description of Activities:**

"Church" will be participating in a short-term mission trip to Tijuana where we will receive extensive training and real life ministry opportunities in one of many established outreach ministries schools, family care program, orphanage, churches, and work projects. We will have the opportunity to minister to both the physical and spiritual needs of the people through various ministries.

## TRANSPORTATION (AS OF THIS DATE), SUBJECT TO CHANGE:

"Church" will travel to Tijuana, Mexico, by Charter bus and will be met by the RDSN team at the border where they will walk us through the Visitor's Visa process at the Mexican Immigration Office. We will attend orientation shortly after our arrival.

Transportation in Mexico will be an old school bus for the different ministries and activities that "Church" missionaries participate in, including recreational outings to Tacos the Bakery and Rosarito Beach for swimming in the ocean and sunning. Please bring hat, sunglasses, and sunscreen if planning on participating in this activity.

Housing – Our group will be housed in dormitories, each equipped with bunk beds and foam pads. There are four men's showers and four women's showers, as well as six outhouses.

#### **ACTIVITIES INCLUDING BUT NOT LIMITED TO:**

- Construction work on a Water Treatment Facility that would allow it to recycle wastewater for irrigation purposes. In addition to relieving the stress on overburdened leach lines, we will be moving toward creating a naturally beautiful landscape for RDSN kids to grow up in and for students to enjoy on a daily basis. RDSN invites you take part in bridging this gap. This will include mixing concrete, heavy lifting of up to 50 pounds, and shoveling. This is hot and dirty work and one should wear gloves and have a face mask. A long-sleeve shirt and safety glasses should also be considered. If you have any open cuts then do not help with the mixing of concrete.
- La Misión Church is a destination church because the location is very rural. Most of the congregants are brought in through their bus ministry. As attendance continued to grow they realized the challenges of being a church removed from the communities it served. God laid it on the missionaries' hearts to build a second campus in the heart of a community and began plans and construction in Francisco Villa in 2014. We will be helping to build buildings, which may include putting up roof trusses, working from ladders (no more than 1 story), and general construction work. Hard hats and steel-toed boots should be considered.
- Painting multiple structures as RDSN hosts hundreds of adults and children in quarters (barracks), communal areas, and six children's homes, which will include painting from ladders.
- Light to heavy housekeeping, cleaning, and trash removal in the cities of Tecate and Tijuana. It is a good idea to wear gloves while doing this activity.
- Swimming in the ocean and sunning at Rosartio Beach. Please bring hat, sunglasses, and sunscreen if planning on participating in this activity.

## **Dates and Locations of Activities:**

July 10, 2016 returning July 17, 2016

DEPARTING FROM "Church" Street Address City, State and Zip DESTINATION Rancho De Sus Niño's (RDSN) Tijuana-Tecate Autopista Km. 137 Col. Valle Redondo, Tijuana, BC, Mexico